## when things don't come easily

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one thing or project that isn't e	easy for you, but is also really impo	ortant to you:
one aspect of your thing or project that doesn't come easily to you:		one reason you have no intention of giving up on it (not today, at least):
another aspect that doesn't co	ome easily to you:	
one thing you do to make the hard parts a little easier:	another thing you do to make the hard parts a little easier:	one part of this not-easy thing you're much better at now than you used to be:

one success you've achieved as a result of your persistence and perseverance:

one unexpectedly beautiful part of this experience that keeps you going:

date:

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emergency journal page:

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